

Dzogchen Course given by Sangnag Tenzin Rinpoche

Wednesday, 18.07.2018 at 18:00

Public Talk

„ Meditation in every day life „, Donation : 5 €

Course :

Three words of Garab Dorje part II

Thursday 19.07.2018 - 15:00

Friday, 20.07. - 11:00 and 15:00

Saturday, 21.07. - 11:00 and 15:00

Sunday 22.07. - 11:00 and 16:00

Long Life Initiation

Total costs 160 Euro

(Reduction possible – assistent work welcome)

*To assist during the course e.g.kitchen or similar
about 1 hour a day is requested if possible*

Overnight in Retreat Center

15 € / per night bed / matrass 13 €

In shared roomm

5 Euro once for bed linen

7 € / per night in tent

Registration is required as there is limited place in
the house.

Full board (vegetarian)

20 € /per day

Registration by phone or email:

Jigme Kunsang Ling

phone. 0049 5855 / 34 69 967 or Mobile 0049 179 520 222 6

Email : gururinpoche@gmx.de

About Tulku Sangnag Tenzin Rinpoche

A dream in which Bodhisattva Chenrezig appeared ,showed him the way to his main root lama, his Holiness Drubwang Penor Rinpoche in India.

After a hard journey of pilgrimage, he was recognized after his arrival as a reincarnation of Ken-Trultrim Yonten Gyatso, whose former incarnation was Shang-Na-Nam-Yesli-De, one of the direct main disciples of Guru Padmasambhava.

S. H. Taklung Tsetrul Rinpoche, S.H. the Dalai Lama and S.H. Sakya Trinzin are also among his important teachers.

In 1996 Rinpoche received the title of Khenpo after having been assigned by S.H. Penor Rinpoche, the Dzogchen Namchoe Phowa and Tsa-Lung and Thigle was transferred.

He founded his own center in Kathmandu and is very committed to his home region in Tibet, where he set up a nursing home and a hospital. During the earthquake in Nepal, he and his wife worked tirelessly for all concerned.

We are very happy about Rinpoches visit this year again.after two years now.Rinpoche is patron of the center along with his friend Adzom GyurmeJamtso Rinpoche and Jigme Kunsang Ling name was given by him.



Jigme Kunsang Ling

In Forest House Göhrde

Nieperfitz 12

21369 Nahrendorf

Tel.: 05855 / 3469 967

Mobil: 0179 / 520 222 6

www.meditationsgruppe-padmasambhava.de

[HVV-public traffic connection online](#)

By Bus and Train
from Hamburg about 1,5 hours.



Garab Dorje

was the first human master of Dzogchen

Tsik Sum Né Dek

Hitting the essence in three words is the last testimony of the first human dzogchen master, Garab Dorje.

This short and so important basic text has been revered over the centuries by masters and practitioners because it embodies in its essential points the essence of the Dzogchen way.

Dzogchen

The word "dzogchen" means "great perfection" and refers to the fact that all qualities of buddhahood at the level of rigpa (pure awareness) are perfect. Nothing needs to be added to the initial and endless "basic rigpa," but these qualities are not fully apparent to us. The reason for this is that there is an occurring lack of awareness of the empty nature of all phenomena in our all mind, which has to improve by practicing meditation. The Dzogchen view can be achieved in an instant moment .

Sunday, 22.07.2018 16:00

Long Life Initiation

Blessing and healing, traditional ceremony as a small celebration with sacrificed food and drink also for those interested "non - Buddhists"



Buddha of long life Amytaus

Amitayus, the crowned Buddha of long life, is worshiped for a long and healthy life.

Sitting on a lotus flower with his hands in meditation posture (Dhyana Mudra), he is holding an ambrosia vase

Buddha Amitayus is a Bodhisattva und Symbol of boundless life.. .



Sangngag Tenzin Rinpoche

18.07. – 22.07.2018

Dzogchen Course

Tsik Sum Ne Dek

Three words of Garab Dorje

Jigme Kunsangling Retreat Center

Public Talk

Mittwoch, 18.07.2018 um 18 Uhr

Meditation in daily life